

COMING EVENTS

Assembly Hosted by Year 5/6

Friday 22 March 9.15am

Year 1-6 Progress Meetings

Monday 25 - Thursday 28 March

P&C AGM and General Meeting

Wednesday 27 March 6pm

Belconnen Regional Swimming Carnival

selected students

Thursday 28 March

Kindergarten Reading Session for Parents/Carers

Friday 29 March 9am-10am

Year 5/6 Camp Cooba

Mon 1 - Wed 3 April

Kindergarten-Year 6 Disco

Friday 5 April

Kindergarten-Year 6 Track and Field Carnival @ AIS

Tuesday 9 April

RECENT NOTES

Kindergarten-Year 6 Track &
Field

Year 3/4 Charlie & The Chocolate
Factory

Absence From School Notification

If your child/ren are going to be absent from school, could you please inform the Front Office via the Fraser app, email or by telephoning on 6142 0520. If your child has an unexplained absence, you will receive a text message asking you to contact the school.

FROM OUR PRINCIPAL...

Dear Fraser Families.....

Fraser Fete

Wow! What a fabulous fete we had last Sunday. We had fantastic weather and a really great atmosphere. The school was humming with excitement and it was an absolute delight to see so many families and community members enjoying delicious food, wonderful entertainment, and purchasing the odd bargain or two! Thank you for joining us on such a specular day. We have received so much positive feedback from families

within our community and many from the broader community. I would like to thank the enormous group of volunteers who gave their time on Sunday 17 March to make the fete possible, these included parents/carers, grandparents, teachers and students who assisted both in preparation before the fete and on Sunday during the fete. A huge



thank you and congratulations to the wonderful team on the Fraser Fete Committee who planned, communicated, coordinated and worked tirelessly to ensure an outstanding day for all. The committee was led by Sally, Matt, Kerri, Alicia, Shantelle, Danielle, Christine, Kristen, Susan, Natalie Harding and Linda Francis. The day was a huge success, showcasing fantastic community spirit. We will be discussing options for spending the money raised from the fete and we have plans to upgrade the hall space with some of these funds.



Progress Meetings

This term we are holding our progress meetings in week 8, from Monday 25 March – Thursday 28 March. You have the opportunity to book online a time to meet with your child's teacher. The meetings are for teachers and parents/carers only. Teachers will be sharing where your child is academically, as well as socially and emotionally. If you are having trouble logging on, please do not hesitate to contact the Front Office and Elizabeth, Hayley, Brooke or Tash will be happy to assist.

Bikes and Scooters

I would ask that all students walk their bikes and scooters once they reach the school grounds. As you are no doubt aware, there are nearly 600 students arriving at and departing from the school each day. This has made it increasingly dangerous for students to ride bikes and scooters on the school grounds. We have had several accidents and near misses over the last two weeks, so I ask for your support in this matter.



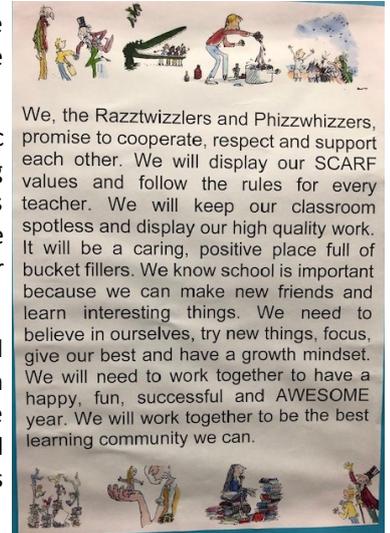
....a focus on learning

Growth Mindsetvs Fixed Mindset

During the first 6 weeks of the year, Fraser Primary School students have been discussing the importance of having a growth mindset and how we would see this both inside and outside the classroom.

Carol Dweck, author of the *Growth Mindset* says "In a **fixed mindset**, people believe their basic qualities, like their intelligence or talent, are simply fixed traits. They spend their time documenting their intelligence or talent instead of developing them. They also believe that talent alone creates success - without effort." Students who have adopted a fixed mindset - the belief that they are either "smart" or "dumb" and there is no way to change this", may learn less than they could, or learn at a slower rate, while also shying away from challenges.

Alternatively, in a **growth mindset**, people believe that their most basic abilities can be developed through dedication and hard work - brains and talent are just the starting point. This view creates a love of learning and a resilience that is essential for great accomplishment. Students who embrace growth mindsets - the belief that they can learn more or become smarter if they work hard and persevere, may learn more, learn it more quickly, and view challenges and failures as opportunities to improve their learning and skills.



A wide range of learning activities have been offered in our learning environments, these include:

- Class rules/agreements which have a 'mindset' sentence or point
- Role plays
- Group tasks with a challenge component (see photo below)
- Picture book read alouds, including the ones above and beside - do you know of any others?
- Mindset booklets - change your words, change your mindset
- Individual tasks with an achievable outcome (and the odd one without)

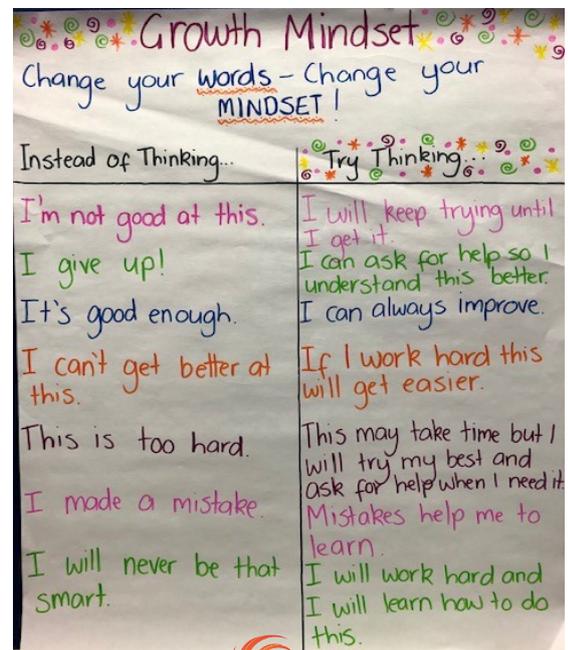
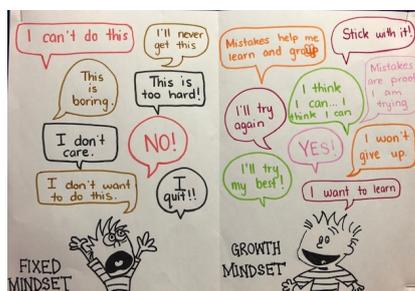
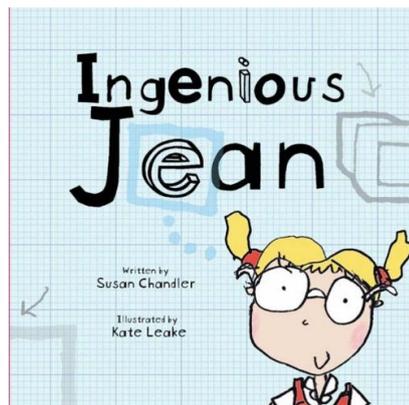
Use the poster below to pop on the fridge and refer to with your child/ren and watch the following YouTube clip.

<https://www.youtube.com/watch?v=EIVUqv0v1EE>

Why not ask your child/ren about how they show a growth mindset both at school and home. I'm sure you'll be surprised by their language and explanation of growth mindsets.



Picture books that encourage a Growth Mindset



FRASER FETE 2019



SWIMMING CARNIVAL 2019



Congratulations to the following students who will represent Fraser Primary School at the Belconnen Swimming Carnival on Thursday 28 March.

- Zara N, Daisy P, Zali S, Livvy H, Adele G, Amelia T, Isabelle G, Jade W, Lily P, Charlie P, Tristan T, Cooper R, Liam B, Kyle D, Thomas G-G, Lincoln N, Thomas P, Mattias S.

YEAR 3-6 LIFE EDUCATION

Last week Fraser Primary School was excited to have Healthy Harold visit in the Life Education Van.

Years 5/6 participated in Relate, Respect, Connect. This unit explores building positive, safe and respectful relationships. It uses a number of video blogs made by a teenager, which helps to resonate with young people moving through upper primary school and beyond. Students discuss how to respect themselves and others, identify the characteristics of

positive relationships, strategies to help maintain positive online and offline relationships and how to respond to unsafe or disrespectful situations both online and offline.



Years 3 and 4 enjoyed the bCyberwise unit which explores cybersafety through animation, videos, relevant scenarios, discussion and problem solving. The students were involved in activities that focussed on responsible and respectful behaviour when using communication technology, skills for building positive relationships with friends, keeping personal information safe online, strategies to deal with bullying and cyberbullying and they also explored the role of bystanders.



SCHOOL BANKING

We are edging closer to a new school banking record, with 134 deposits now our best for the year so far. Our record of 154 deposits was set in school banking week in 2017. Can we beat that number this year?

We have 73 students in the draw already for our book competition this term! Thanks to our fabulous supporter Jake Battenally - Ray White Belconnen, every student who makes five school banking deposits in term 1 will be in the draw to win a book prize.

It's easy to be part of school banking at Fraser Primary School. All your child needs is a Youthsaver account, which can be easily opened at your local Commonwealth Bank branch at Belconnen or Jamison Centre, or online - just visit www.commbank.com.au/schoolbanking to get started.

Matilda H (1SW) and Megan C (2KP) are our Fantastic Focus Super Savers this week. Please collect your prize voucher from Kerri's Kitchen and present it at recess or lunchtime for a free Slush Puppie! Please note that your voucher must be collected before the issue of the next Fraser Focus and will expire on 5 April 2019.

Christine Tusch
School Banking Coordinator



SCHOLASTIC BOOK CLUB

Don't forget Scholastic Book Club orders are due no later than Thursday 28 March 2019.

Kerri Farley
Scholastic Book Club Coordinator

KERRI'S KITCHEN

Notes for our term 1 disco were sent home via email on Tuesday. The disco is being held on Friday 5 April, Kindergarten - Year 2 students can come along from 5.30pm - 6.45pm and Year 3 - 6 students from 7.00pm - 8.30pm. We need parent/carer volunteers to help at both sessions, either supervising in the hall, serving in the canteen and cleaning up. These events cannot go forward without sufficient helpers on the night.

Hot Cross bun orders can now be made on *Flexischools* or with cash through the canteen. Orders forms were emailed home, but can also be collected from the canteen.

The Fraser Primary School Canteen Committee AGM will be held on Friday 5 April at 2.00pm in the canteen.

Breakfast Club
Friday mornings from 8.30am
in the canteen foyer

Please note there will be no Breakfast Club on Friday 29 March

We would like to again thank Uniting Care Kippax and Kippax Woolworths for their ongoing support.



The Canteen Telephone Number is **6142 0529**

Canteen Hours 8.45 am - 1.45 pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25/03/19	26/03/19	27/03/19	28/03/19	29/03/19
Johanna Clements Amy Webster	Alex Ryan-Jones	Lyndel Lemon		Julia Larby Glen Eves Stevie Wright
01/04/19	02/04/19	03/04/19	04/04/19	05/04/19
Johanna Clements Amy Webster	Alex Ryan-Jones Cathy Coe	Lyndel Lemon		Janelle Rayner Glen Eves Stevie Wright



Protective Behaviours Session for Parents/Carers

On Thursday 4 April, there will be an information session for parents/carers on the topic of “**Children and Personal Safety**”.

It will be held in the Year 5/6 unit for all Fraser Primary School parents/carers from 8.45am to 10.15am.

Find out

- ⇒ How to teach children about their early warning signs
- ⇒ What are safe behaviours?
- ⇒ How to practice personal safety skills for your family
- ⇒ How to find safe adults to ask for help
- ⇒ How to talk to your child about safe and unsafe touching
- ⇒ What is stranger safety
- ⇒ What is a family safety plan
- ⇒ How to teach children to be safe without scaring them

This session will be run by our School Psychologist, Sheri.

